

# Get Your Checkup Now...

ALL NEW COMMUNITY HEALTH PLAN OF IMPERIAL VALLEY MEMBERS NEED TO GET A CHECKUP WITHIN 120 DAYS OF JOINING THE PLAN.

The first checkup is very important because:



You will get to know who your doctor is before an illness occurs.



Your doctor can help you learn how to use your health plan services.



Your doctor will tell you who to call and where to go for medical treatment when the office is closed.



Your children will get the shots they need for school.



You will receive information about important health tests to help you and your children stay healthy.



## Community Health Plan of Imperial Valley's Nurse Advice Line

**Do you feel sick and need advice?** You can call your doctor and ask for help. Or you can call Community Health Plan of Imperial Valley's Nurse Advice Line at **1-833-236-4141 (TTY: 711)** for fast and free advice. A nurse is available **24 hours a day, 7 days a week**. The nurse can speak to you in your preferred language and guide you to take care of your health care needs.

*(continued)*



## By calling Community Health Plan of Imperial Valley's Nurse Advice Line, you can:

- **Get information** to help you decide if you need to go to the emergency room.
- **Find out** if you can wait to see your doctor.
- **Discuss** your health problems and treatment options.
- **Receive tips** to help you feel better at home when you are sick.
- **Learn** about your medications and health needs.



Call the doctor whose name is printed on your member ID card to schedule a checkup today.

For more information, visit [www.chpiv.org](http://www.chpiv.org).

This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.